AGING AND DISABILITY COMMISSION
Age Friendly Community Sub-Committee

Regular Meeting - Tuesday, September 1, 2026 – 2:30 P.M.
Zoom Meeting

Jan Beatty, Chairperson, called the meeting to order at 2:30 p.m.

PRESENT: Jan Beatty, Ed LaMontagne, Mike Jennings, Libby Easton-May, Valerie Finney
EXCUSED: Cheryl Cook

PUBLIC AUDIENCE/PUBLIC COMMENT: No one from the public was in attendance and no comments were received.

ACCEPTANCE OF MINUTES:
June 2, 2026 – Mr. LaMontagne moved to accept the minutes. Ms. Easton-May seconded. All voted in favor.

OLD BUSINESS

- **Resource Guide Updates**
  A portion of the on-line Resource Guide has been printed and bound. The guides were distributed at the Summer Fun Fest and will be available at the Aging-in-Place expo.
- **Simsbury Services Magnet**
  The magnets were made up by Trailhead Printing and will be distributed free of charge at the Aging-in-Place Expo. The magnets list various agency contacts and are large enough so older eyes can read them.
- **Table Hosts for Aging-in-Place Expo 2**
  To date, 20 tables have been confirmed. New participants include, Bright Star Care, Clear Path Moves: Senior Home Transitions, Farmington Valley Nutrition & Wellness, Gold Shield Construction, Simsbury Housing Authority, and Sage Solutions. A table will be made available for other services' literature.
- **Revisions/additions to Action Plan**
  Ms. Beatty asked sub-committee members to review the Age-Friendly Action Plan and update as needed. The revisions will be discussed at the October meeting.

NEW BUSINESS

- **Aging-in-Place Expo – September 18, 2026**
  Ms. Beatty discussed the distribution of flyers throughout town including the Senior Center, Library, grocery/retail stores, restaurants and places of worship. The flyer was also distributed through social media outlets. Jan Seiderer did a wonderful job with the flyer design and Jen Kirkland assisted by distributing the flyer widely throughout town. Ms. Beatty stated that expo volunteers should report to the library by 11-11:30 a.m. to assist with set up.

- **Summary of AARP Age-Friendly Webinar June/July**
  Readiness and Resilience: Age Friendly Strategies for Emergencies
  Two people spoke regarding this topic. One was from Florida who discussed hurricane preparation and the other was an Idaho County Commissioner who spoke about the use of radios in rural areas.

  Building Bridges: Health Systems and Age-Friendly Initiatives
  A representative from the Fairbanks Alaska fire Department spoke about the use of mobile paramedics.

UPCOMING AARP WEBINARS
Note: Past webinars can be viewed on the AARP Livable Communities website

- September 8th, 2026 from 3:00 PM to 4:00 PM (ET)
  Integrating Initiatives: Communities Advancing Age and Dementia Friendly Work.

- **Walk Audit Plan**
  A date needs to be set to accomplish this audit. Tom Roy, Director of Simsbury Public Works, suggested that the audit be done on Hopmeadow Street first before venturing to side streets. AARP has a fact sheet and booklet that describes walk audits in detail; the website was sent to subcommittee members.

OTHER BUSINESS
There was no other business discussed.

ADJOURNMENT
The meeting adjourned at 3:00 p.m.

Next Meeting: **October 6, 2026 at 2:30 pm**, **via Zoom.**

Respectfully submitted:

Edward J. LaMontagne
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Clerk