Commission on Aging

East Granby, CT

Minutes

May 5, 2025

East Granby Community Center/ 6:30 p.m.

In attendance:

Cheryl Bermani-McCann, Chairwoman, Cathy Delasco, Vice Chairwoman, John Kiang, Warren Miltimore, Jess Kuqi, Lee Galluccio, Pam Carroll, Kelly Jacobs - Senior Services, Donna Mattera, Clerk, Ruth Akerlind.

1. **OPENING REMARKS -** Chairwoman Cheryl Bermani McCann called the meeting to order at 6:44 p.m. Cheryl welcomed Ruth Akerlind back to our meeting. The Selectman will be meeting and will be reaching out to Ruth. Once approved by the Selectman, Ruth will be appointed to the commission. Cheryl discussed the Senior Art Show that took place this past weekend. The event went great. A shout out to Jess Kuqi for organizing the Art Show. Stonebrook Village provided lunch with wraps and chips. They were so generous and the food was enjoyed by all. Next year if we hold the event again, Cheryl received feedback that we should consider the snowbirds. Possibly holding it a little earlier or later. The event was a success with 27 entries and 11 participants. The items are still on display at the town library. Cheryl also took photos that will be uploaded onto the COA website. Jess made some suggestions. We should think about booking the library way ahead of time, using the COA email to communicate with participants, a hard deadline date and gathering information about the items entered so the display cards reflected the display correctly. Lee was a participant and agreed with the suggestions and said the event was well done. It was decided that May 30th would be a good day to breakdown the display. Thank you to everyone who helped out and attended the event.
2. **MINUTES OF PAST MEETING -** ***MOTION:*** A motion was made by Cathy Delasco, seconded by John Kiang to accept the April 7, 2025 minutes as presented. ***Motion passed.***
3. **SENIOR SERVICES UPDATE** –Kelly reported she is working on the summer newsletter. The two trips coming up to Travelers Chorale and Blue Iris Farm are full. They are looking forward to the annual summer concert with lobster rolls being held on June 5th. The seniors are holding a free barbeque on July 10th celebrating the 250th at the senior center. The event is free thanks to donations made in memory of Rosemary Kelly. A discussion took place regarding the flu clinic and possibly holding it on a Monday. Kelly will reach out and see if October 5th is available.
4. **SOCIAL SERVICES UPDATE** – Kelly reported on Elise Cosker's behalf. She noted the Energy Assistance and Renter's Rebate continues. She also reported Elise will be accepting Amazon and Target gift card for back to school. She would like to have the gift cards purchased by July so she will be able to distribute to the families for back to school shopping. Pass the word and if you know anyone who would like to donate, they can contact Elise in Social Services.

5. **OLD BUSINESS**

New Services Listing for Senior – Table to next meeting

Senior Art Show – Show in May – Discussion took place under opening remarks.

2 Open Alternate Memberships-Cheryl will forward Cathy contact information for a possible person interested in one of the alternate vacancy positions. Jess noted there was a person who attended the Art Show who seemed interested. Cheryl will reach out to the individual.

Cares Day Update 4/25/26 -There were 17 people on the list and everyone was serviced. Kelly received a couple phone calls noting thanks and appreciation for the work that was done for them. They were grateful for the student's assistance.

6. **NEW BUSINESS**

Wellness Fair – Cheryl opened up the discussion to the committee looking for feedback on if we should hold the Wellness Fair. The committee voted to hold the fair again. Some of the topics discussed were a $25.00 in kind donation, hold a tea cup raffle, and to seek the donation from People's bank again to name a few. Continued discussions will take place at the next meeting.

There was a discussion about continuing on the Farmer's Market. Cathy and Warren have volunteered to attend the first and last Farmer's Market. The market is being moved to Wednesdays and also being held at the East Granby library.

Lee Galluccio reported she has $2886.93 in the account. She will work with Elise on any transitions of funds. She would like the money to go towards making a difference in someone's life who need a pick me up or cannot afford to attend events. With Lee's suggestion, Cheryl will reach out to area churches to see if there are any needs.

Scones and Scams – Possibly September 26th or October 3rd. Kelly will check into the dates and report back. Cheryl is asking for someone to be the chairperson.

7. **COMMENTS FROM THE PUBLIC -**Ruth had an idea that if there are safety needs, a person might be interested if it is advertised as a free service and they could make an appointment. The seniors might be more comfortable with that idea.
8. **COMMENTS FROM COA-**Everything is running good. The art show was great. Warren and John thought it was nice to see everyone on the committee getting together and enjoying lunch together at one of our events. We really never have that opportunity. Happy Mother's Day to all the mothers! Happy spring and we are looking forward to the warm weather!
9. **ADJOURN –** a motion was made by John Kuqi, seconded by Warren Miltimore to adjourn the meeting at 7:48 p.m. ***Motion passed unanimously.***

Respectfully submitted,

Donna Mattera