Commission on Aging East Granby,
CT

Minutes
November 4, 2025
East Granby Community Center/ 6:30 p.m.

In attendance: Cheryl Bermani McCann, Chairwoman, Cathy Delasco, Vice Chairperson, John Kiang, Warren Miltimore, Marie Sandora, Lee Galluccio, Jess Kuqi, Suzanne Soucy, Mattia Brose, Danny Jacius, Kelly Jacobs, Elise Cosker, Donna Mattera, Clerk.

Opening Remarks – Cheryl called the meeting to order at 6:31 p.m. She thanked everyone for attending tonight and also the members who were able to attend the Wellness Fair. Cheryl has received many responses on the fair being wonderful. She commended the members for a great job in making the fair a success. Cheryl reported Tom Ferdman has resigned effective immediately as he has moved out of town. Suzanne Soucy is interested in moving up to a regular member status and Cheryl will submit the recommendation to the First Selectwoman for approval.

Minutes of Past Meeting - ***MOTION:*** A motion was made by John Kiang, seconded by Cathy Delasco to accept the October 7, 2025 minutes as presented ***Motion passed.***

Senior Services Update – Kelly reported the winter newsletter will be out soon. There are upcoming trips they are intending to offer to seniors of which some include a visit to the Governor's residence with a lunch after the visit. They are hoping for confirmation to visit December 5th. Senior Services will hold their in-house party celebration on December 12th. Some additional programs to look forward to are painting, lunch bunch, Valentine bingo.

Social Services Update - Elise Cosker reported the holiday gift program continues and they could use more sponsors. They are still accepting gift card donations and monetary donations. If you know of anyone who would like to help, please have them reach out to Elise. The Energy Assistance program is in full swing. The Operation Fuel program has changed their name to Generation Power CT. There are four emergency assistance cycles throughout the year. The applications are on-line and the first session is from November 2nd – November 10th. They can receive $500.00 assistance if they fall under the 75% State Median with a house hold of one earning $59,705 and a household of up to four $114,818. More information can be found on the Generation Power CT website: http://gpct.org Residents can always reach out to Social Services for questions and help with an application.

OLD BUSINESS
Review COA website information/PowerPoint Uploads for events – Cheryl will be forwarding Marie and/or Al at the town the pictures from the last two events to be placed on the COA website. Cheryl also reported there were 92 views on our website last month which is a nice increase of views.

EG Cares Day Wrap Up – Danny Jacius reported the students serviced 10 out of the 11 residents who requested help. There were less than 25 students who participated. The National Honor Society is trying to help the last resident who they were not able get to. Cheryl thanked Danny and the students for all their hard work. She herself was on the receiving end of help and noted the students who worked at her house did a wonderful job.

2024 Initiatives

Free Atty Elder Law program – Kelly Jacobs reported 8 people were signed up so far for the session.
Warren noted the attorney's office was going to format this year's program to the programs in the past.
Further publicity will be put out on Facebook to offer to the public. Walk ins are welcome to attend.

Rich Galluccio Sunshine fund – Lee Galluccio reported there is $2,945.00 in the fund and she welcomes any donations. If anyone knows of someone in need, please reach out to Lee, Elise or Kelly.

New Services Listing for Seniors – Warren shared a booklet he was given from Windsor when he went to drop off flyers for the Wellness fair. Jess Kuqi and Suzanne will work together and also look at what is included in the Windsor book provided.

Plaque for Rich Galluccio fall celebration – There were 25 people in attendance. Lee thanked everyone and has received compliments of how lovely the celebration was. Her son came into town and was able to see the plaque and thought it was nice.

Balance and Fall Prevention Program/Class – Kelly has found a new date for this program as the previous date was not available. The new date will be March 21, 2026 from 10:00-11:00 a.m.

Senior Art Show – Cheryl created a flyer and placed it out at the Wellness Fair. Jess Kuqi will work with Monique from the library to set a date. She will also work on a sample of a submission form.

Financial Scams, "Scones & Scams – Tabled as the committee previously decided to hold this program spring of 2026.

Wellness Fair Wrap Up – Cheryl thanked everyone again for their help in making the fair a success! She shared there is a balance of $23.49 from the $500.00 donation from the People's Bank Grant. We purchased Magnetic clips, gift cards, refreshments and balloons. Cheryl is working on trying to receive a credit from 4Imprints for the set-up charge and coupon not applied. There were 64 people who attended with 25 winners. There were 49 people who received flu shots. We also had people from other towns such as Windsor, Bloomfield, Simsbury, Agawam, and Southwick who attended. A discussion took place about topics needing to be addressed and clarified with vendors as well as ideas to improve the raffle for next year.

NEW BUSINESS
2026 Initiative Ideas Due Dec. – Cheryl asked the member to think about what initiatives they would like to submit for 2026. Members noted we have a few events that have been postponed to next year that can be included. Cheryl also noted they can think about initiatives that did not make it into the 2025 list and can be revisited.
Nominations for Board Positions – Cathy Delasco is stepping down as Vice Chairperson. We will need to hold the nominations at next month's meeting.
December 2nd Meeting – Cheryl will not be able to attend in person but it is possible for her to log in remotely. Cathy Delasco will run the December 2nd meeting. The committee will also have to vote on the Commission on Aging meeting dates for 2026. Cheryl will provide Cathy with the list of proposed meeting dates to be voted on.

COMMENTS FROM THE PUBLIC – None

COMMENTS FROM COA – Congratulations to Suzanne Soucy on her new dog Skye and to Jess Kuqi for her new dog Charlie. It was nice to see Warren tonight and that he is doing good. Everyone wished each other a Happy Thanksgiving and acknowledged Veteran's Day to all who have served. Elise would like people to spread the word about the Holiday Program. It was shared the UCONN Women won and the celebration is in December! The committee congratulated Danny for all his hard work in organizing a successful Cares Day! We appreciate all he did and continues to do!

ADJOURN - *MOTION:* A motion was made by Cathy Delasco, seconded by Marie Sandora to adjourn the meeting. ***Motion passed.***

Respectfully submitted,

Donna Mattera