Commission on Aging

East Granby, CT

Minutes
September 2, 2025
East Granby Community Center/ 6:30 p.m.

In attendance: Cheryl Bermani McCann, Chairwoman, Cathy Delasco, Vice Chairperson, John Kiang, Warren Miltimore, Tom Ferdman, Marie Sandora, Lee Galluccio, Jess Kuqi, Pam Carroll, Mattia Bose, Kelly Jacobs, Donna Mattera, Clerk

1. **Opening Remarks –** Cheryl called the meeting to order at 6:31 p.m. and thanked everyone for attending tonight's meeting.
2. **Minutes of Past Meeting - *MOTION:*** A motion was made by John Kiang, seconded by Cathy Delasco, to accept the August 5, 2025 minutes as presented ***Motion passed.***
3. **Senior Services Update –** Kelly reported the fall newsletter is out. Some of the upcoming events taken place are Open House Pickleball, Yard Goats game, a visit to the orchard, historic Deerfield, historic Wethersfield/scarecrow competition to name a few. Cares Day is scheduled for October 18th and the sign up deadline is October 5th. The flu clinic is October 8th and anyone needing transportation needs to sign up by Octobet 5th.
4. **Social Services Update -** Elise Cosker was unable to attend tonight's meeting and provided Cheryl with some highlights. The holiday gift program is underway. Social Services is seeking sponsors to make a monetary donation or gift cards for families in need. If anyone is interested in making a donation, they can sign up online at East Granby Social Services. The Renter's Rebate program ends on Tuesday, September 30th. It is based on a graduated scale with a household of one person earning up to $47,700 and a household of two $62,400. Renters can reach out to Elise's office if they need help applying. Also, the Energy Assistance program begins on October 1st to May 29th. Applications are on-line or a link can be found on the Social Services website.
5. **OLD BUSINESS**

Review COA website information/PowerPoint Uploads for events – Marie has submitted any changes to the website to Eden. No further information on the PowerPoint at this time.

2024 Initiatives

1. Free Atty Elder Law program – Warren reported we are all set for Saturday, November 8th from 10:00-11:00 a.m. Refreshments will be served. Topics to be presented are Medicare, Estate Planning and Probate. He noted the firm have been very nice to work with.

   Rich Galluccio Sunshine fund – Lee Galluccio reported she delivered a fruit basket to a person at Higley Village. Cheryl will continue to advertise in Talk Turkey.

   New Services Listing for Seniors – Table until next meeting. It was reported the layout is being worked on with Kelly Jacobs.

   Plaque for Rich Galluccio fall celebration – The celebration will take place prior to the October 7th COA meeting at 6:00 p.m. with refreshments being served. Lee noted her son will attend. There will be an announcement in Talk Turkey.

   Balance and Fall Prevention Program/Class – Jess Kuqi shared her flyer The date and location is to be determined. Cheryl will reach out to town hall to see if the Community Center would be available on November 15th for one hour. It was suggested a flyer with home exercises be created to send home with the participants. Cheryl noted Kelly Jacobs would assist with registration process. Cheryl will let the committee know if November 15th is available.

   Senior Art Show – Jess Kuqi is working on the flyer and will be speaking with Monique from the town library regarding logistics The committee decided to name the show the "Senior Art and Achievement Show." This will take place in May 2026 to coincide with Older American's month.

   Financial Scams, "Scones & Scams – Tabled as the committee previously decided to hold this program spring of 2026.

Farmers Market Participation – Warren reported he attended an extra farmers market that took place two weeks ago. He noted our table was great but not much exposure. Warren will be attending the last Farmer's Market and Marie volunteered to help.

Wellness Fair Committee Assignments – To date there have been 5 vendors who have signed up. Cheryl will send an email out to vendors again after tonight's meeting from her personal mail. This is the first year the emails were sent from the committee's new email address. There should be a minimum of 15 venders to make it worthwhile for the vendors and attendees. The fair is scheduled for October 8th. A decision needs to be made in mid September in order to have enough time to complete the tasks needed for the fair. Cheryl will email the committee with an update on vendor participation. Flyers for the event were passed out for committee members to distribute. There was concern advertising before knowing if there are enough vendors signed up. Cheryl noted in the event the fair had to be cancelled, the committee would have to advertise. The flu clinic will still be held on October 8th.

6. **NEW BUSINESS**

Cheryl reported she attended the Volunteer Day and represented the COA. One person volunteered to help the commission.

Cathy reported she ordered the "chip clips" the committee wanted for the giveaways.

The 90+ birthday celebration was discussed again. The budget was $1000.00 for the last celebration. If the committee decided to sponsor another celebration, it was discussed to solicit businesses for financial support. Further discussion was tabled to the November meeting.

Cheryl reported Stone Village in Windsor Locks has an interest in sponsoring an event. Their budget would be $150.00. Possible ideas would be refreshments at one of our events and it was suggested that maybe the Art/Achievement show kick-off would be a good one to consider. If members think of any other possible ideas, please let Cheryl know.

7. **COMMENTS FROM THE PUBLIC –** None
8. **COMMENTS FROM COA** – Everyone was happy to see each other. Looking forward to a good end of year with all the events taking place. Warren announced the Veteran's as they are holding a Pancake Breakfast on September 27th, everyone is welcome. Happy fall to everyone!
9. **ADJOURN - *MOTION:*** A motion was made by John Kiang, seconded by Cathy Delasco, to adjourn the meeting at 7:43 p.m. ***Motion passed.***

Respectfully submitted,

Donna Mattera

10. **Old Business**

Review COA Website Information - The website looks good and will need to have the new members updated now that everyone has been sworn in.

PowerPoint Presentation - Cheryl is working on completing this year's presentation.

2024 Initiatives

1) **Technical lessons on phone/pc -** Tabled to the next meeting.
2) **Free Atty Elder Law Program** -Tabled to the next meeting.

Senior Reading Program - Cheryl is waiting on approval from Superintendent Missy Bavaro-Grande.

Rich Galluccio's Sunshine Fund - Nothing to report at this time. Lee noted if there is someone in need, please reach out to her, Elise or Kelly as they work together to fulfill any needs.

New Services Listing for Seniors - Lee shared a list of rides for seniors with Suzanne. Suzanne distributed a preliminary list of options for seniors which includes senior housing, short term rehabilitation facilities, private duty aide agencies and also the transportation list. She will work with, Elise, Kelly and Jess to create a book of reference.

Remaining Funds from People's Bank - Cheryl went over the accountability and turned over the remaining $21.28 to Kelly Jacobs to add to the existing funds left over from last year.

EG Cares Day Spring Date Options - Tabled to next meeting - Possible dates for the spring are April 5 or April 26th. Kelly will follow up with our student representatives.

Plaque for Rich Galluccio Hydrangea - The plaque has been ordered and DPW will install on an existing rock.

Alzheimer Program - Discussion took place on possibly meeting with one of the vendors from our Wellness Day inquiring about a program. Kelly and Cheryl will send an email to see what they offer. Jess suggested maybe holding an evening program for caregivers.

Youth Action Committee attendance/participation - Discussion took place regarding sending Valentine's Day cards to seniors. Donna, Cathy and Warren will work together to possibly distribute cards made by the Middle/High schools YAC students.

11. **New Business**

Initiatives for 2025 - Members need to send any ideas to Cheryl so they can be voted on.

12. **Comments from the Public -** None

13. **Comments from COA -** Members wished each other a Happy New Year. Kelly invited everyone to stop when it is warmer to see the lights, outlets and ceiling fan in the Pavilion. All the work has been completed! Cheryl thanked everyone for stepping up and welcomed again our new members! She is looking forward to this next year! Committee members thanked Cheryl for her work and for also accepting to be chairwoman for another year. Going into the next year, the committee would like to share the workload so everything does not fall on a limited number of members.

14. **Adjournment - MOTION:** a motion was made by John Kiang, seconded by Warren Miltimore to adjourn the meeting at 7:54 p.m. ***Motion passed unanimously.***

Respectfully submitted,

Donna Mattera, Clerk

COMMISION ON AGING -1/07 /202 4

9Members, 3 Alternates

U	Brose, Mattia	52 Wynding Hills Road	860-416-4763	Member	Mattiajo@hotmail.com	1/5/2026
D	Carroll, Pam	26 Nutmeg Road	860-658-9844	Member	Thomas_M_Carroll@sbcglobal.net	1/4/2027
R	Delasco, Catherine	3 Cricket Lane	860-324-4709	Vice Chair	<:_a_thy cosgrove@yahoo.com	1/3/2028
D	Ferdman, Thomas	26 Old Hartford Ave	H-860-413-9963 C-860-985-4133	Member	tomferdman@comcast.net	1/5/2026
R	Galluccio, Lee (Nathalie)	25 Nutmeg Rd	860-658-0603	Alternate	leegallu@cox.net	1/3/2028
R	Kiang, John	23 Seymour Road, Unit 2B	347-683-1991	Member	johnnyk707@yahoo.com	1/4/2027
U	Kuqi, Jessica	22 Country Club Lane	860-836-5762	Member	Jess.crickmore@gmail.com	1/3/2028
D	Mccann, Cheryl	3 Horseshoe Drive	860-306-7315	Chair	McCannC@ct.edu	1/4/2027
D	Miltimore, Warren	239 Hartford Ave	860-651-1138h 860-593-6031c	Member	warrenmilt@att.net	1/5/2026
R	Sandora, Marie	130 North Main St	860-983-8320	Member	msandora@hotmail.com	1/3/2028
D	Soucy, Suzzanne	47 Talcott Range Drive	860-324-4364	Alternate	suzannesoucy@gmail.com	1/4/2027
R	Wimpfheimer, Eden	93 Newgate Road	860-878-0209	Alternate	edenw@egtownhall.com	1/5/2026
	Betts, Maya			Student	bettsm003@gmafu:om	
	Jacius, Danny			Student	Dejacius@gmail.co m	
	Jacobs, Kelly		860-413-3334	Senior Services	kellyj@egtownhall.com, emcmkc@cox.net	
	Cosker, Elise		860-413-3328	Social Services	elisec@egtownhall.com	
	Mattera, Donna		860-882-4419	Clerk	djm49l3@gmail.com	

Max of one party you can have for full membership is 6
Max of one party you can have for alternate is 2

Modified: 1.1./ 03/2024